



Mother Angela Maria
1924-2018

NIRMALA CONVENT SR. SEC. SCHOOL

Kathgodam (Nainital)

ANNUAL NEWSLETTER 2017-18



Celebrating 50 years of Academic Excellence

Achievers 2017- 18

The Winner takes it all...



L.A.Championship- Priyadarshini House



Overall Championship-Teresa House



Sports Championship-Raman House



Seven-a-Side Football Champions



PSA Boys Football Champions



PSA English Debate-Junior Champions



Sports Champions-Senior & Junior



From The Principal's Desk



Education is the most powerful tool which you can use to change the world

Dear Readers,

The world we inhabit today is characterized by violence, negativity and narrow parochialism. This has made our lives very insecure and it has resulted in a climate of distrust, irrational fears bordering on paranoia and unmitigated levels of stress. In such times, imparting education has become very challenging and demanding. Add to this, technology, that has permeated our lives and revolutionized the ways in which we relate to one another and do things. The young minds on one hand are very adept at the use of technology to their advantage but on the other hand, are becoming more and more disconnected with reality and actual life. This is leading to a host of psychological and social problems both at home and school.

We, at Nirmala Convent, strongly believe in imparting quality education and laying a strong emphasis on moral values. This, we believe, will be instrumental in producing responsible citizens who will take the nation to greater heights. And this needs the combined effort of the student- teacher and parents. Our most able teachers, apart from imparting subject knowledge, also instill in our students human values, passion for academic excellence and faith in their abilities that will enable them to realize their full potential.

But, there is no substitute for a personal, loving relationship in the family. Parents exert strongest influence over a child's development. Therefore, it is extremely important that parents provide children an environment that fosters fundamental human values, through example.

The best investment we can make for our children is time spent in talking, sharing and laughing with them. The dividends we shall reap will be their happy future lives. So, let us strive to give the best to our children so that they turn out to be the best!

May God Bless You!

Sr. Josy Thomas
Principal

***Children are the world's most valuable
asset and our best hope for the future***



From The Vice Principal's Desk

By constant self-discipline and self-control you can develop greatness of character



Self discipline generally refers to the ability to control or restrain oneself from all kinds of feelings, impulses and desires. And one of the primary tasks of early childhood is to develop self discipline. Young children, by nature, are impulsive but as they grow, through self discipline, they gradually learn to control this impulsiveness. A child armed with self-discipline is well equipped for addressing life's challenges. There is a difference between being self disciplined and being obedient. The self disciplined child will complete an action, regardless of who is watching. In contrast, an obedient child may follow directions simply to please a parent, to avoid a consequence, or to receive a reward.

Self discipline is about being able to regulate one's self. It develops with age and it is obvious that small children lack this ability that older people possess. However, as a child begins his/her schooling, parents can help by teaching the basics of self-discipline and reinforcing them by example. This will help them establish for the child the foundation of achieving success in life. The process is not easy, to the child it seems painful rather than pleasant, but later it yields the fruit of success.

When asked by an interviewer about his passion for climbing mountains, Edmund Hillary, the first man who conquered Mt. Everest replied, "It is not the mountain we conquer but ourselves." There has never been and never will be a great life without self discipline. People who try to gain freedom without self discipline are like a ship that has lost its rudder; it is free to sail anywhere, even onto the rocks. The rule of the sea is applicable to life as well. People who lead their lives without discipline are likened to travel in an aircraft without a pilot. It is like a ply in a bus without a driver, it is to ride a bicycle without brakes and handle. Such people are like a city with broken down walls. Most failures of modern man are attributable to a lack of self discipline. As we, at school and home, prepare our children for life, let us inculcate in them self-discipline which will help them to grow into strong individuals capable of sailing through the ups and downs of life.

Sr. Sneha, Vice-Principal

From The Editor

Study for life, not for exams....

With increasing competition, there is great pressure on the students to prove themselves. 'Prove' implying getting a high percentage, clearing a competitive exam, and joining a top-class college. But is this the only purpose of education? The true purpose of education is to create strong, independent individuals – responsible and sensitive to the world around them. However, this is not to completely write-off the transactional importance of academic education. The problem lies with the fact that academic excellence has become the sole focus of parents and children alike. This single minded chase leaves behind a trail of young lives, shaken and dejected when their dreams do not materialize. They are fragile, they panic and crumble when they fall short of expectations. Self destructive behavior, poor inter-personal relationships and lack of self-esteem – if this is the price that a young individual has to pay to get the tag of success then we really need to rethink the whole scenario.

Let us not equate success with academic excellence alone. Dear students, **study for life, not for exams....** Don't study simply to get good marks, study well so that it prepares you for life. Focus on developing a strong, independent, confident personality along with academics. Arm yourself with knowledge and skills that will take you through any situation – the ups and downs of life. While studies are important, don't let 'marks' alone define you. Follow your dreams and make your mark on this world. Be disciplined, focused and determined because it will help you to pass the tests of life with flying colors. And, if you fall a little short of realizing your dreams, don't lose heart. Be proud of your efforts. Life is beautiful. Get up! Challenge yourself... again!!

To the parents I would like to say – each child is unique and this uniqueness needs to be channelized into the creation of a strong, happy and positive individual. Let your children experiment and explore. Do not criticize their mistakes and failures, but be there to hold their hand and support them, counsel and guide them.

Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents.

With this thought, we bring to you the Annual Newsletter 2017-18.

I take this opportunity to extend heartfelt thanks to the Principal, the Vice-Principal, my colleagues especially Mrs. Anita Pant, the E-care Team and the students for their support and contribution towards the newsletter.

Raksha Sirari, Editor





Event Diary-the year at a glance

The new academic session 2017-18 began on the 6th of April 2017 and here is a glimpse of the year.

■ **Inauguration of Literary Association** for the primary section (I-V) took place on the 19th of April and for the junior section (VI-VIII) & senior section (IX-XII), on the 9th of May, 2017. The Principal Rev. Sr. Josy Thomas lit the lamp and the students presented a colourful programme to kick start the L.A. activities for the year 2017-18. Various competitions were held throughout the year in which the students got an opportunity to display their talent.

■ **Investiture ceremony:** 'The students of today are the leaders of tomorrow.'- Election for the various posts of the School Parliament was held on the 27th of April. The Installation ceremony of the school cabinet was held on the 6th of May 2017. The Principal Rev. Sr. Josy Thomas administered the 'oath of duty' to the newly elected school cabinet members.



■ Colonel Dutta awarded a scholarship of Rs. 15,000/- to two students on the 3rd of May, in memory of his late wife Mrs. Dutta. Late Mrs. Dutta was a member of the Nirmala family in the past.

■ A four-day scholastic book fair was organised in the school from the 3rd to the 6th of May. The students enjoyed browsing through the books and bought their favourites.

■ 13th of May to 19th of May - Periodic Assessment-I was conducted.

■ **Bon Voyage:** On the 20th of May, the school bid farewell to the Manager of the School Rev. Sr. Anu George and also to Rev Sr. Priti & staff members - Mrs. Neeraj Khulbe, Mrs. Geeta Joshi, Mrs. Jyoti and Ms. Alphonso. Mrs. Neeraj Khulbe who taught in the hindi medium section of the school, retired after successfully completing a long teaching tenure of 24 years.



Every ending leads to a new beginning.....



■ The school closed for summer break on the 20th of May.

■ **Welcome :** The new manager of the school Rev. Sr. Yvette was given a warm welcome by all the sisters and teachers on the 28th of June. New staff members - Mrs. Agiline Singh, Mrs. Asha Rana and Mrs. Manorama Joshi were also welcomed. It was also announced that the new office incharge, Rev. Sr. Liji would be shortly joining the school.

■ On the 3rd of July, the school re-opened after the summer break. A warm welcome was given to the new Manager of the school Rev. Sr. Yvette by the students in the special morning assembly.

■ On the 28th of July, a condolence and prayer meeting was held in the school on the tragic and untimely death of Mohd. Imad, a student of class UKG-D.

■ On the 31st of July, the school bid farewell to Mrs. Meena Pandey who retired after a long and distinguished teaching period of 36 years. Mrs. Kiran Pandey, a senior member of the teaching staff was also honoured on her silver jubilee.



■ **Independence Day:** On the 15th of August, Independence Day was celebrated with great patriotic fervor in the school. Senior member of the staff, Mrs. Arijita Sen, was the Chief Guest. She hoisted the Tricolour and took the salute of the march past. A patriotic programme was organized to mark the occasion. The Principal Rev. Sr. Josy Thomas, felicitated two meritorious students- Deepanksha Joshi (XII- B) overall best student & Jyotsana Negi (XII-A) for academics.

■ The inaugural ceremony of the beginning of the Golden Jubilee year of Nirmala Convent was held on the 5th of September. Rev. Sr. Nazareen, ex-Principal, along with Rev. Sr. Vianney, both pioneers of the school, were present on this momentous occasion.

■ **The Feast of Mother Brigida:** On the 5th of September, the school celebrated the Feast of Mother Brigida- Foundress of the Congregation of the Ursulines of Mary Immaculate. Rich tribute was paid to Blessed Mother on the occasion.





Blessed Mother Brigida - an icon, a beacon of hope, an epitome of deep trust and confidence in the Lord.

■ **Teacher's Day:** On the 5th of September, Teacher's Day was celebrated. Students presented a special programme and a prayer meeting was held for the teachers to mark the occasion.

■ 11th of September to 27th of September Half Yearly examination was conducted.



■ **Gandhi Jayanti:** Floral tribute was paid to Mahatma Gandhi and Lal Bahadur Shastri on their birth anniversary on the 2nd of October. A fancy dress and speech competition was held to mark the occasion.

■ The Provincial Superior Rev. Sr. Nirupa paid a visit to the school on the 9th of October. She was given a warm welcome by the staff. Rev. Sr. interacted with the teachers and motivated them to do their best and take the school to greater heights.



■ **UMI Inter-school Meet** was organised on the 12th of October to commemorate the beginning of the Golden Jubilee year of the school. Five UMI Schools including our school participated in the meet. Solo Singing, Group Dance, Rangoli Making and English Debate competitions were held. The Provincial Superior Rev. Sr. Nirupa graced the occasion by her benign presence.

■ **Children's Day:** On the 14th of November, a special morning assembly was conducted by the teachers to wish the students on the occasion of Children's Day. A fancy fete was organized to make the day more special and delightful for the children.





■ **Activity Week** (15th of November to 18th of November): To commemorate the beginning of the Golden Jubilee year of the school, events like fancy dress competition, mono-acting, quiz and speech were organized for the students. The students participated in the events with great enthusiasm.

■ 32nd Annual Sports Meet was held on the 16th & 17th of November.

■ **School Inspection:** A three member team comprising – Rev. Sister Sandhya - Principal St. Mary's Sr. Sec. School Bazpur, Rev. Sister Gracy - Principal Ursuline Sr. Sec. School Greater Noida and Rev. Sister Felicia - Principal St. Patrick's Sr. Sec. School, Jaunpur, inspected the school on the 1st and the 5th of December. The inspectors interacted with the students and teachers. After the inspection, they congratulated the Management, Principal, Staff and students for their excellent performance and motivated them to achieve higher standards of excellence.

■ **Feast of Mother Mary:** On the 7th of December, a special morning assembly was conducted by the students to commemorate the Feast of Mother Mary.

■ 9th of December - Pre-board-I of Class X and XII began.

■ 11th of December to 16th of December- Periodic Assessment - II was conducted.

■ **Visit to the Old Age Home:** On the 21st of December, the school choir group along with their teachers visited the Old Age Home to spread Christmas cheer. They sang carols and distributed sweets to the residents of the old age home.



■ **Christmas Celebration:** There was dance, drama, music and merriment as the school celebrated Christmas on the 22nd of December with great joy. Rev. Father Royal Anthony, Principal St. Theresa Sr. Sec. School, Kathgodam, graced the occasion. Rev. Father delivered the Christmas message and congratulated everyone for putting up a beautiful Christmas programme. The Principal Rev. Sr. Josy Thomas also greeted everyone on Christmas and addressed the gathering.

■ **Visit to the District Jail :** On the 28th of December, a team of students and teachers visited Zila Karagar, Haldwani to share the joy of Christmas with the jail inmates. They presented a short programme and distributed gifts to the inmates.

■ 31st of December to 14th of January: The school remained closed for winter vacation.

■ 19th of January - Pre-board II of Class X and XII began.

■ **Republic Day Celebration:** The 69th Republic Day of the nation was celebrated with great patriotic fervor in the school. The Chief Guest - the Manager of the school Rev Sr. Yvette, unfurled the flag and took the salute of the march past. A colourful patriotic programme was presented by the students displaying national pride and love for Mother India.

Joy to the world the Lord has come



**Where the mind is without fear
and the head is held high.....**

■ **Farewell:** On the 26th of January, a farewell party was given by the students of class XI to the outgoing students of class XII. The overwhelmed 'seniors' recalled memorable days of their school life and thanked their juniors for the farewell. They also extended their heartfelt gratitude to the Principal, all sisters and teachers. The Principal, Rev. Sr. Josy Thomas addressed the students, blessed them and wished them good luck for their upcoming board exams.



■ **Valedictory Function:**

Valedictory function was organized on the 8th of February. The students presented a variety show. The function marked the end of the literary activities for the academic year 2017-18. Amidst great cheering, the champion houses were announced and the trophies were presented by the Principal.

■ 12th of February : Yearly Examination began for class XI.

■ 20th of February to 10th of March - Yearly Examination conducted for classes K.G. to IX.

■ **Prayer Meeting:** On the 27th of February, a special prayer service was organized for the students of class XII. The Manager of the school Rev. Sr. Yvette, the Principal Rev. Sr. Josy Thomas, the Vice Principal Rev. Sr. Sneha and the teachers wished the students luck and prayed for their success in the upcoming board exams.

■ A prayer service was held for the students of class X on the 28th of February.

Turning Fifty...

Golden Jubilee Celebration – Inaugural Ceremony

The fifty year mark is a profound milestone in Nirmala Convent's journey as a school, providing academic and human excellence.

The inaugural ceremony of the beginning of the Golden Jubilee year of Nirmala Convent was held on the 5th of September. Special guests and pioneers of the school, Rev. Sr. Nazareen and Rev. Sr. Vianney, the Manager of the School Rev. Sr. Yvette, the Principal Rev. Sr. Josy and senior member of the teaching staff Mrs. Anjita Sen lit the lamp. Ex-principal of the school Rev. Sr. Nazareen declared the beginning of the Golden Jubilee year of Nirmala Convent. Thereafter Rev. Sr. Nazareen, Rev. Sr. Vianney, Rev. Sr. Yvette and Rev. Sr. Josy released beautiful red balloons, signifying the beginning of the Golden Jubilee year. Rev. Sr. Yvette and Rev. Sr. Josy Thomas unveiled the commemorative Golden Jubilee logo of the school, representing the journey of Nirmala Convent and its glittering future.

Elegant and artistic, the logo represents Nirmala Convent's resilience, commitment, stability and self-determination. The four colours - red, blue, green and yellow represent the four houses - Teresa, Pataudi, Raman and Priyadarshini. The golden hue represents the brilliance and splendor of God, the brightness of the day, positivity, glory and greatness.

A glittering programme was presented by the students to commemorate this historic occasion. Rich tribute was paid to Blessed Mother Brigida Morello, the foundress of the congregation of the Ursulines of Mary Immaculate.

The roots of the present lie in the past. Turning fifty is as much about looking forward as it is about looking back. Just as the achievements of our pioneers and sisters, teachers and students in the past fifty years fill us with pride, we all look forward to the next fifty years with a sense of promise and possibility. May we continue to prosper with God's blessings in the years to come.





Golden Jubilee Celebration UMI Inter School Meet

Make much of small things, because great things often derive from the small ones

-Blessed Brigida Morello

UMI (Ursulines of Mary Immaculate) inter-school meet was organised on the 12th of October to commemorate the beginning of the Golden Jubilee year of Nirmala Convent. Besides Nirmala Convent, students from four UMI schools – Ursuline Senior Secondary School - Greater Noida, St. Patrick's Senior Secondary School -Jaunpur and St. Mary's Senior Secondary School – Bazpur (English & Hindi Medium) participated in various events.

Eminent personalities of the city, from different fields, judged the competitions. The Provincial Superior Rev. Sr. Nirupa graced the occasion by her benign presence. The programme began with the lighting of the lamp by the Provincial Superior Rev. Sr. Nirupa, the Manager of the school Rev. Sr. Yvette, the Principal Rev. Sr. Josy Thomas, the Vice Principal Rev. Sr. Sneha and Mrs. Panchali Sen. Rev. Sr. Nirupa and Rev. Sr. Josy Thomas addressed the gathering. After the welcome song and dance, the following events were organised – Rangoli Competition, English Debate, Solo Singing and Group Dance Competition. There was great camaraderie as the students took the centre-stage and participated in the four events to display their talents. At the end of the day the school hall resonated with loud cheers and claps as the prize distribution took place. Team Nirmala secured the first place in group dance. The dancers won the hearts of the audience by their enthralling dance presentation on 'Women Empowerment'. Jahanvi Joshi displayed fine debating skills and secured the first place in English Debate Competition. In solo singing, Nandini Bametha secured the second place with her melodious performance. The inter-school meet was a great success- a truly enjoyable, joyful and memorable experience for all.





■ The All India Senior School Certificate Examination (AISSCE) began on the 5th of March and the All India Secondary School Examination (AISSE) began on the 6th of March. With this the academic session 2017-18 came to an end.

■ **Special Assemblies:** Thoughtful special assemblies were conducted by the students throughout the year to commemorate special days like – Uttarakhand Sthapana Diwas, Dusshera, Diwali, Id, Feast of Mother Mary, Martyr's Day, 75 yrs of Bharat Chodo Andolan, Worker's Day etc.

■ **Significant events in which our students participated:** On the 26th of September, students of classes VI to XII, accompanied by their teachers, went to St. Theresa Sr. Sec. School, Kathgodam to take part in *Common Oath Ceremony under Swachh Bharat Abhiyan*. In the drawing competition, Darshana Bisht of VII A was awarded the best artist prize.

■ **'Queen's Baton' Relay:** On the 5th of October, the students and teachers of classes VI – VIII assembled at Teripulia, alongwith students of other schools, to welcome and cheer the 'Queen's Baton' Relay. The relay is run around the world prior to the beginning of the Common Wealth Games and this year, 2018, the Common Wealth Games are to be held in Australia.

■ **Seminars / Orientation Programmes and Workshops:**

■ On the 22nd of April, a seminar on *Gender Sensitivity* was conducted by CBSE at PSN Sr. Sec. School, Lamachaur. Mrs. Anita Pant, Mrs. Savita Bisht, Mrs. Shalini Suresh and Mrs. Loveleen Singh attended the seminar.



■ On the 25th of July, Krishna Hospital & Research Centre, Haldwani organised a seminar in the school on *Sex Education and Say No to Drugs* for the students of classes XI & XII.

■ On the 3rd of August, a seminar '*Police Ki Pathshala*', was conducted by Amar Ujala on '*Drug Abuse*', for the students of classes XI-XII.

■ A seminar on '*Life Skills - The importance of teaching skills*' was conducted by CBSE at Shivalik International School Haldwani on the 2nd of September. Mrs. Seema Tarun, Mrs. Meena Dhanik, Mrs. Hema Goswami and Mrs. Maya Latwal attended the seminar.

■ On the 15th and 16th of September, a seminar was organized by CBSE on '*Classroom Management*' at Universal Convent School, Haldwani. Mrs. Shashi Latwal and Mrs. Lata Kweera attended the seminar.

■ On the 16th of September, a seminar – '*Guidance Based Education*', was organized at St. Joseph's College Nainital. Mrs. Anita Pant, Mrs. Champa Barathokey, Mrs. Chandra Bhatt and Mrs. Devina Aditya attended the seminar.

*The greatest gifts we can give
our children are the roots
of responsibility and
the wings of independence.*



Glorious Victories



- The students participated in various competitions which gave them opportunities to pursue their talents. Many brought laurels to the school.
- IGSC exam (2016): Ishaan Tewari (VI-D) and Abhinav Joshi (VII-A), secured the third rank and received a gold medal and a cash prize of Rs. 2500/- each.
- Bhavya Bhatt (IV – D) secured the first place in National Karate Championship held at Agra on the 6th and 7th of May. In the All India Karate Championship held at NOIDA on the 6th of January, she won the silver medal.
- Akshat Majila (VIII-B), secured the third position in the essay writing competition organized by the Association of Catholic Educational Institution in U.P and Uttarakhand.
- Inter School Badminton tournament was organised at Jaycees Public School, Rudrapur and Kanak Kalakoti (VIII-D) bagged the first position in the girls' singles and Kushagra Durgapal (VII-C) was the runners up in the boys' singles.
- Sumiran Arya (VI-B) secured the first place and won a tablet & Gauri Sharma (VII-D) secured the second place and received a wrist watch, in the painting competition organized at the Nagar Nigam Hall on the 20th of September to celebrate Swachh Bharat Mission.
- On the 4th of November, the football team of Nirmala participated in the first *Seven-a-side Open Football Tournament*, held at Gurukul International School, Haldwani and emerged victorious. The Champions received a cash prize of Rs. 7000/-.
- On the 3rd and 4th of November, at the PSA (Public School Association) Inter-School basketball tournament held at Inspiration Sr. Sec. School, Kathgodam, the senior girls' basketball team emerged as the champions & the boys reached the quarter-finals. Hitangi Pathak (IX-A) was declared *player of the tournament* & Mahima Chuphal (XII-D) was named *the most promising player of the tournament*.
- On the 8th of November, PSA organized a host of competitions in schools across Haldwani to celebrate Uttarakhand Sthapana Diwas. Our teams secured the second place in the quiz & dance competitions.
- On the 26th of November, GAIL India Speed Star District Level Athletics Meet, Season II, was organized at FTI Haldwani. Prateek Negi, Akshat Majila, Amardeep Singh, Devanshi Suyal and Aakansha Chilwal participated in the meet and qualified for the State level.
- At the *Khel Mahakumbh*, held at the Medical College, Haldwani, on the 27th of November, Kanak Kalakoti (VIII-D) secured the first place and won two gold medals in the Girls' Badminton Singles and Doubles (under 14). Digvijay Chauhan (VIII-D) secured the first runners up place in the Boys' Badminton Doubles (under 15).
- Sneha Singh (IX) was adjudged the *Best Dancer* at the 2nd Father Thomas Memorial patriotic dance competition held at St. Theresa Senior Secondary School, Kathgodam on the 9th of December.
- Cluster sports meet was organized at St. Peter's Convent, Kicha, on the 10th of December. The students came out with flying colours. The students who won individual medals were : Akansha Chilwal XI- D (2 gold medals), Devanshi Suyal IX- A (2 gold medals), Tisha Singh VIII- C (1 gold and 1 silver medal), Mrinal Bora VIII- A (bronze medal), Areeb Ahmad IX- B (bronze medal). Devanshi Suyal won the individual championship for her excellent performance on the track.



■ **PSA English Debate:** On 20th December, at the PSA Inter-school English Debate Competition, organized at Aurum International School, Haldwani, in the junior category, the team comprising Swasti Kholiya (VIII) & Diya Latwal (VIII) emerged as the champions and in the senior category the team of Jahanvi Joshi (XII) & Akshi Joshi (X) won the Runners up trophy. Swasti Kholiya was awarded the best speaker in the junior category and Jahanvi Joshi was the best speaker in the senior category.



■ **Uttarakhand Sports State**

Games 2017 were held at Gyandee Global School, Bazpur, on the

28th and 29th of December. Representing Nainital District, the medal winners were : Akshat Majila (VIII), Yash Chandola (VIII), Amardeep Singh (XII), Aashish Singh (XII), Rahul Joshi (XI), Mrinal Bora (VIII), Devanshi Suyal (IX), Anushka Joshi (VII), Anjali Bisht (VII), Aakansha Chilwal (XI), Isha Satyawali (XI) & Mansi Joshi (XI). The school team secured the second place in overall team performance.

■ It was a proud moment for the Head Boy, Abhishek Mishra (XII-D), as he was felicitated on the Republic Day by the Principal Rev Sr. Josy Thomas, for getting 1st Don black belt (All India Wadokai Karate Do Association)

■ Apoorva Dalakoti (VIII-D) won three gold medals at the National Ju-Jitsu Championship held at Kochi, Kerala, from the Ist of February to the IVth of February. He has been selected for the South Asian Championship to be held in November 2018.

■ Amardeep Singh (XII-D) bagged 2 gold medals - 100m & 200m & Akansha Chilwal (XI-D) won a silver medal – 200m, at the Gail India Speed Star Sports Meet held at Maharana Pratap Sports College, Dehradun from the 4th of February to the VIIIth of February.

■ On the 17th of February, at the NND Bhatt Memorial inter-school competition, held at Beersheba Sr. Sec. School, team Nirmala emerged as the champions in the group dance and art & drawing competitions. In art & drawing senior category, Khushi Chauhan (X-B) secured the first place and Vanshita Jain (IX-B) secured the second place. In the middle group Gauri Sharma (VII-D) & in the junior group, Kushagra Bisht (V-A) received a special prize each. In group singing, the students were the runners up.

Creative Corner



Ishika Arora, VII-A



Mitali Joshi, VIII-A



Darshana Bisht, VII-A



Khushi Chauhan, X-B



Shruti Manga, X-B



Tanvi Pargai, VI-B



Darshana Bisht, VII-A



32nd Annual Athletic Meet



Citius, Altius, Fortius -Faster, Higher, Stronger

Winners never quit and quitters never win: The much awaited, two day, 32nd Annual Athletic Meet was organised on the 16th and 17th of November. Students of classes VI-XII participated in various track and field events with great gusto and enthusiasm. There was drama and excitement, incredible moments; the athletes gave it their all. The ground resonated with the cheers of the students as they applauded their favourites.

Star athletes Amardeep Singh and Devanshi Suyal emerged as the Senior Champions. Yash Chandola, Tisha Singh and Mrinal Bora were the Junior Champions.

Raman house emerged as the Champion house and Teresa house was the runners up. Annual sports for the primary section (I-V) were held on the 18th of November, and for the K.G. Section on 20th of Nov.

It's not whether u get knocked down.....it's whether you get up.



OBITUARY

Perhaps they are not stars, rather openings in heaven where the love of our lost ones shines down to let us know they are happy.

Mohd. Imad
U.K.G.- D

11.01.2013-28.07.2017



Words of Strength

I am neither a burden on anyone's head
Nor a sinking boat in the deadly sea
I don't long for anyone's support
I'll struggle for what I want to be.
From fighting minds to being my own
knight in shining armour
To harvest the fruits of my success
I will work hard like a farmer.
Yesterday I walked holding my dad's finger
Tomorrow I will be my father's stick
I won't let anyone let me down
I will strengthen my building brick by brick
Is there no life beyond marriage?
Is being a wife the only priority?
I don't want to be like anyone else
I have got every right to a beautiful life and create my
own identity.
I am not afraid to dream
I want to spread my wings and fly
I will soar higher and higher
Let the world be what it wants to be.
The people who surround me are waiting for me to fall,
I am damned if I do,
I won't listen to them,
No I won't!
Walking alone is my choice,
I will say what I feel.
I will do what my heart desires,
Without paying much heed to the voices around me.
I am
Today's girl, tomorrow's future.



Anushka Pandey, X-C

Teacher

You mean a lot to me my dear teacher
All teachers have different talents
And love us just like our parents
You give us knowledge
Whether in school or in college
Sarvapalli and Tagore I have not met
But they reside in you I bet
Teachers are strict but sweet
Making us achieve any big or small feat
I love my teacher very much



Japleen Kaur Bhasin, VII-A

God I Need You!

God I need you!
God I need you!
I want to tell you the things I do
You are everywhere here and there
But I can't see you
Can you see me?
Are you really there god?
Sorry to ask, I know it looks odd
In life whenever there is any risk
You give me the power
Waving your magic wand
God you are the best
But you also take my test
Tests are easy
I know you take tests just
to keep me busy
God guide me, protect me
And give me the power to help others
Let me be your child
To spread happiness and guide
God I need you!



Gurbani Kaur Bhasin, VI-E

Water

I help everyone in their daily work
But now there is no one to help me
I give life, but today no one wants to revive me
Today I am badly polluted, but no one wants to clean me
I am sick and in my present state might make others ill, but
they only want to keep themselves clean
Water in rivers is dirty, but no one is thinking of me
I want to be the giver of life, yet no one is helping me
Each drop is important, so do not waste it
It is precious, use it carefully and conserve it



Devansh Dwivedi, VI E

Holidays

H Hello! friends its vacation
O Oh! my God, lot of fun
L Less work and no study
I Ice-cream, T.V. always ready
D Don't hurry for school
A Away from school rush
Y Yahoo! these are holidays
S Sorry for my lazy ways



Tanishk Pant, I-A



Hope is the essence of life

It rained heavily all night,
But now the sun is so bright
And nature is singing a song.
I open the door and look outside,
Life is blooming in the countryside.
The flowers are dancing,
And the cuckoo is singing,
All the things that love the sun are out.
Enjoying the glittery morning,
Deer and rabbits are running
All learning a lesson from the day
The sun shining on the hay.
The heavy rains – the bad times
Are always followed by the good times,
Problems are a part of life
Don't take them as pain caused by a sharp knife,
Always be cheerful and hopeful
Beause I know your heart is so beautiful.



Kavya Upadhyay, VIII-A

Almighty

Oh Almighty! bestow upon me
your grace,
So that I can work at a good pace.
Never make me selfish and greedy,
Bless me so that I can help the needy.
I hope I am never lazy but keep busy,
O God! May I be pure and humble,
Inspire me to make this world better,
May I never try to cheat anyone,
And treat all as one.
Ignite in me the fire to save the earth and nature,
And love each and every creature.
I should always be eager to learn,
I pray I make my life like a candle and burn.
O Almighty! Bless me!
I surrender myself to thee.



Priya Patni
XII B

धरा पर यदि पानी न होता

धरा पर यदि पानी न होता
सोचो ये जीवन कैसा होता,
न प्यास होती न प्यासे होते
न रिमझिम सावन वर्षा होता,
धरा पर यदि पानी न होता ।
कहाँ फिर होता धवल हिमालय
कहाँ वो सागर गहरा होता,
झरना कूप को कौन जानता
ज्ञान और विज्ञान की बातें
कुछ यहाँ धरी रह जाती,
धरा पर यदि पानी न होता ।
खेतों में न लहलहाती फसलें,
न बागों में माली होता,
कौन जानता फूल और कली को,
मंवर कहाँ मंडराता,
धरा पर यदि पानी न होता
सोचो ये जीवन कैसा होता ।



गरीमा तिवारी
कक्षा-8 बी

गुरु

जीवन जितना सजता है माता-पिता के प्यार से,
उतना ही महकता है गुरु के आशीर्वाद से,
समाज कल्याण में जितने माता-पिता होते हैं खास,
उतने ही गुरु के कारण देश की होती है साख,
बिन गुरु नहीं होता जीवन साकार,
सिर पर होता जब गुरु का हाथ, तभी बनता जीवन का सही आकार
गुरु ही हैं सफल जीवन का आधार, त्याग, तपस्या और गुणों से भरपूर,
सिर्फ गुरु ही होते हैं ।



ज्योत्सना जोशी, कक्षा-6 सी

सीखो

सैनिक से बलिदान सीखो, पेड़ से तुम झुक जाना,
बैल से बोझ उठाना सीखो, पत्थर से मजबूत बन जाना,
छत से तुम छौंव देना सीखो, सूरज से नियमित बनना,
मोमबत्ती से रीशन करना सीखो, उजाले से सदा फैल जाना,
मूर्ति से सहन करना सीखो, ईश्वर से माफ़ कर देना,
इस धरती पर तुम आए हो तो, कुछ अच्छा सीख कर ही जाना ।



आदित्य कुमार सिंह
कक्षा-5 ए



Golden Jubilee Celebration- Activity Week

English speech competition was organised for the students of classes IX – XII on the topic - 'How to fight against the problem of drug addiction among youth'. Inter-house skit competition was organized for the students of classes IX and X. The students presented skits on different themes like 'Cyber Crime', 'Drug Addiction' etc. Mono Acting and Fancy Dress Competition was organised for the students of classes IV and V. Inter House Group Singing Competition was conducted for the students of Classes VI – VIII. Inter-house quiz competition was organised for the students of Classes IX-XII.



Trips and Excursions



- **All work and no play makes Jack a dull boy.** Taking a break from academics, the students went on various excursions / trips with the sisters and teachers.
- **Fun City :** The students of classes IX-XII went to Fun City, Bareilly, for a picnic on 5th of October.
- **Circus:** On the 28th of December, the students of LKG and UKG went to see Apollo Circus along with their teachers.
- **Trip to Amritsar/Dalhousie:** A batch of students of classes VIII-XI went on an excursion to Amritsar and Dalhousie on the 7th November. The Principal, Vice Principal and some teachers accompanied them.
- **Shyama Garden :** The students of classes I - V went to Shayama Garden, Haldwani for a Day-Out.

AISSCE Toppers 2016-17



Pulkit Joshi
12-A 96% Science



Dev Aditya Sati
12-A 95% Science



Navprabhat Dalakoti
12-C 93% Commerce



Vaibhav Jain
12-C 93% Commerce

A good teacher can inspire hope, ignite the imagination and instill a love for learning



Senior Section

A teacher takes a hand, opens a mind and touches a heart.



Primary Section

**Make sincere efforts to advance in perfection everyday
without tiring or losing courage-**

**Blessed Brigida Morello
Foundress of the Congregation
of the Ursulines of Mary Immaculate**



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