



# Symphony

The Saga Continues



## News Letter 2014-15



# Achievers

2014-15



Well Done!!!





# The Principal's Message



**Education isn't what you learn, it's what you do with what you learn**

Today, the fast changing world has generated many uncertainties in human living with jobs disappearing at an unprecedented rate and market becoming more powerful than even the sovereignty of nations. There is massive poverty, violence, de-womanisation and collapse in values etc., and these forces certainly influence our students. At the micro-level, the family background determines a lot on the students' self esteem, learning and achievement. Teachers are challenged at this stage to help the students to critically respond to these forces, by providing meaningful teaching learning experiences in school.

Families, especially parents, play a crucial role in the education of their children. School, as an educational agent, is called to play a secondary role. Today, families are experiencing a lot of disintegration in values, attitudes and activities. It is not possible for any other agency to substitute the role of the family in the educative process of teaching and learning, and inculcate values into the next generation.

Education has a past, a present and a future. Part of it is making available, the accumulated wisdom of the past, without which the present would remain impoverished and each generation would be forced to re-invent everything that has already been invented. Our endeavour in education is to make sure that this preserved wisdom is made available to our students in the best possible manner and to see that external instruction gives way to a creative self-instruction in them that continues throughout life.

In today's world of cut-throat competition, most of the parents measure the success of their wards in terms of marks obtained in the exams. Dear Valued Ones! Education is more than marks, exams and competency in the various subjects. It is the development of the person and not just the cognitive mind. We have to teach the students how to manage themselves better, how to co-operate, how to get along and how to work together towards a common goal etc.

Dear Parents! Let us join hands and channelize all efforts to make our dreams for a better tomorrow come true by giving quality time to our children, being totally available to them, understanding them and sharing their joys, struggles and successes.

May God bless you.

**Sr. Josy**





## Vice Principal's Message

*The end product of education should be a free creative man, who can battle against historical circumstances and adversities of nature*

**Dr. Sarvepalli Radhakrishnan**

Teaching is not just an effort to cover the prescribed subject content, make students pass some standardized tests, and achieve a desired yearly progress in terms of marks. In actual, it is about helping each student develop the necessary knowledge, skills and attitudes to live an extraordinarily satisfying life in the transient face of the world. A good teacher, as such, gives 'learning experience' and not just information. And, an ideal school does not just operate under an 'Industrial Model' sticking to reading, writing and arithmetic progress but ensures that the students develop multidimensional life skills like creative thinking, collaboration and team work etc. as well with the ability to evaluate and apply knowledge in rapidly changing information-rich digital work and community environment. Education should ensure that a pupil understands the 'real-life connect' of the concept learnt i.e. the 'why' behind whatever he is learning and 'how' and 'when' that concept may become useful for him. Dear Students! Your tomorrow will largely depend on the choices you make today, in the same way, as your today is a result of the choices you made yesterday. Never give up courage, commitment and core human values and FORGET NOT that there is NO SUBSTITUTE TO HARD WORK. Do Good, Be Good, Be One, Learn Well and fulfill all your beautiful dreams and aspirations. The world is waiting for you.

With Best Wishes

Sr. Mercy Das



## From The Editor's Desk:



*The illiterate of the 21st Century will not be those who cannot read and write, but those who cannot learn, unlearn and relearn...*

Dear Valued Friends,

Symphony is in your hands. The pictorial review in the pages that follow exhibits glimpses of the vibrant, radiant and eventful life and learning that happened @ Nirmala during the session and the pages within, are eagerly waiting to be explored, appreciated and blessed with your constructive comments.

A big THANK YOU! to the Principal Rev. Sr. Josy Thomas who provided us with the opportunity to verbalize our thoughts and ideas in writing empowering us with decision making. Thanks to the Vice-Principal Rev. Sr. Mercy Das too, for her valuable suggestions and encouragement from time to time. And, heartfelt gratitude to my dexterous editorial board, learned colleagues, zealous students and all those who, through their unstinted support, have been helpful and instrumental in allocating a

refined outline to this Newsletter.

Dear students! We are always delighted to receive your beautiful thoughts in writing. Please do not be disheartened if you do not see yourself in print. It is no reflection on your ability, merely a constraint of space. Do keep wielding your pen. It's always a pleasure to know what you are thinking. Above all, it would help us to help you discover the creative genius in you which would further help you excel in all walks of life.

In all my modesty, I seek your forgiveness for any inadvertent errors and omissions inspite of our earnest efforts and sincerity. We all are learners in pursuit of excellence and will certainly be better next time. Until then, Stay Informed... Stay Enlightened... Happy Learning..... Regards.

**MUKESH TEWARI, PGT ENGLISH**



# FROM THE REPORTER'S DIARY.....

## The Academic Year 2014-2015

The new session began with the reopening of the school on 2<sup>nd</sup> April, 2014 and proceeded as follows:

### 1. The Investiture Ceremony, 28<sup>th</sup> April:

The Principal, Rev. Sr. Josy administered the Oath of Duty and Loyalty to the members of the new School Cabinet.

### 2. Fare-There-Well and Bon-Voyage, 10<sup>th</sup> May:

Three senior members of the Nirmala Family, Rev. Sr. Eucheristia(Manager), Rev. Sr. Pushpa (Accountant) and Mrs. Sushmita Sharma(Assistant Teacher) were bidden farewell by the Management, Principal, Staff and the Students with thanks and gratitude for their selfless services in the institution.

### 3. Welcoming the new office in-charge on 1<sup>st</sup> July and the new Vice-Principal on 15<sup>th</sup> July:

The school reopened on 1<sup>st</sup> July after the summer break and the month saw two new arrivals in the form of our new office in-charge Rev. Sr. Winifred and our new Vice-Principal Rev. Sr. Mercy Das. Both were given a warm welcome by all. The students presented bouquets and put up a welcome show.

### 4. Celebration of the Independence Day:

The 67<sup>th</sup> Independence Day was celebrated with great fervor. Rev. Sr. Rittie, the Provincial Mother Superior of Northern Province unfurled the national tricolor and took salute. A short cultural programme followed. Two bright students and best all-rounders Drishti Rajpal and Amishi Tewari, were felicitated by Mr. Deepak Maheshwari, an ex-student of Nirmala Convent and were awarded trophies and cash prizes on the occasion. A short staff meeting was also held after that.

### 5. Feast of the Foundress, 4<sup>th</sup> September:

A special morning assembly was conducted by the students to celebrate the Feast of Blessed Mother Brigida of Jesus, the Foundress of the Congregation of the Ursulines of Mary Immaculate. Rev. Sisters Josy Thomas, Anu George, Mercy Das and Winifred lighted the lamp. The occasion was rejoiced with soulful speeches and prayer songs.

### 6. Celebration of the Teacher's Day:

It all started with a Prayer Meeting for the teachers. The Principal, along with some teachers, lighted the Lamp. The Day also witnessed the Farewell Ceremony of Mr. K.K. Tewari, PGT English, who had retired after 34 years of long and highly devoted service in the school. The students staged a colourful variety entertainment programme for their teachers followed by the Principal's speech. The students, along with their teachers and the Principal, also watched the live telecast of PM 's 'Man Ki Baat' in which he shared his vision with the children all across the country.

### 7. Celebration of Children's Day:

Members of the teaching staff conducted an exuberant morning assembly to celebrate the occasion, entertaining students with their multi-faceted talents.





### 8. Annual Function Celebration, 5<sup>th</sup> December:

The school celebrated this event with great fervor putting up a brilliant show to amaze the world. A write-up follows.

### 9. Feast of Mother Mary, 8<sup>th</sup> December:

The celebration of the Feast of Mother Mary in school was one of its own kind, divine and enlightening. A very special morning assembly was conducted by the students to celebrate the occasion.

### 10. On the Eve of Christmas, 23<sup>rd</sup> December:

The students staged a colourful Christmas Programme on the day that included a Melodrama and the singing of Christmas Carols. The Principal, Rev. Sr. Josy, delivered the Christmas Message highlighting the significance of the birth of Lord Jesus Christ. Sweets and gifts were distributed amongst all and later the Management gave a lavish treat to all the staff members.

### 11. Prayer organized for 'The Dear Departed' on 17th January:

### 12. Republic Day Celebration:

Republic Day, as usual, was full of fervent programmes exhibiting patriotism through thoughtful speeches, charming dances and beautiful songs. Mrs. Meera Agarwal, PGT Hindi, was honoured as the Chief Guest. She hoisted the Flag and was given the Guard of Honour by the Nirmala Cadets.

### 13. Farewell and Bon Voyage, 21<sup>st</sup> February:

A one-hour Prayer Meeting was held for the outgoing students of XII std. in which, the Principal, Vice-Principal, the Manager and all the Teachers prayed for the students, showered their blessings and wished them good luck.

### 14. The School Literary Association 2014-15:

With a motive to provide a suitable platform to the students, the Literary Association was inaugurated on 5<sup>th</sup> May (Primary Section) and 9<sup>th</sup> May (Senior Section) by the Principal Rev. Sr. Josy and organized the following activities round the year:

I- July 22<sup>nd</sup> - A Theme Based (IV- 'Rainy Season'; V- 'Say No to Plastic') Drawing Competition held for classes IV & V and Solo-singing Competition held for classes VI-VIII on theme 'Patriotism'.

II- August 7<sup>th</sup> - Hindi Recitation Competition (I-III); Patriotic Solo Dance Competition for Girls (V) and House-wise Debate Competition (IX-XII) held.

III- Solo Dance Competitions held on 23<sup>rd</sup> Aug, 1<sup>st</sup> September and 1<sup>st</sup> November.

IV- Theme Based Poem Recitation (English) held for Classes VI-VIII.

V- competitions held for Class V on 'Santa Clause Making' and 'X-Mas Tree Decoration'

VI- G.K. Quiz held for Classes VI-VII on 7<sup>th</sup> February, 2015.

The 'Valedictory Function' for the session 2014-15, that marked the close of the L.A. activities, was held on 14<sup>th</sup> February.





### 15. Games and Sports activities:

Annual Sports Day held for Classes I-V on 7<sup>th</sup> Feb. 2015 and for Classes L.K.G. and U.K.G. on 11<sup>th</sup> February 2015. While the sports testified their mettle, our young scholars showed great enthusiasm and participation experiencing outstanding wins.

### 16. Morning Assemblies:

The school upholds the legacy of conducting Special Morning Assemblies to highlight the importance of various memorable days and festivals that bear regional, national, international and historical significance. These assemblies include speeches, songs, skits, dances etc. that are relevant to the occasion and are conducted with a vision to create a sense of awareness, regard and concern for a particular issue or occasion. Some special assemblies are:

I- 30<sup>th</sup> April- on 'Anti Child Labour Day' by IX D.

II- 1<sup>st</sup> May- on 'Worker's Day' by IX D and 'Tokens of Love and Regard' presented to the Helping Hands by the students and the Management.

III- 30<sup>th</sup> July- Eid-ul-Fitr by Pataudi House

IV- 16<sup>th</sup> Aug- Janmashtami by Priyadarshani House

V- 20<sup>th</sup> Oct.- Diwali Celebration by Raman House and students of Class II

VI- 3<sup>rd</sup> Nov.- Moharram by Class III D

VII- 5<sup>th</sup> Nov.- Vigilance Awareness by students of Class VIII D

VIII- 14<sup>th</sup> Nov.- Special Assembly by Teachers

IX- 25<sup>th</sup> Nov.- Guru Teg Bahadur Martyr's Day by Class VII B

X- 26<sup>th</sup> Nov- Communal Harmony Day by Class IA

XI- 8<sup>th</sup> Dec- Feast of Mother Mary

XII- 30<sup>th</sup> Jan- Martyr's day by Class IE

### 17. Seminars and Orientation Programmes:

I- Orientation Programme held for the Parents of K.G. Classes by Nirmala Teachers on 5<sup>th</sup> April

II- The 'Teach Next' Smart Education Team conducted a Training Workshop for the newly appointed teachers.

III- Seminar on 'Class Management' conducted for the Nirmala Teachers by Mrs. Perna Arman on 25<sup>th</sup> June.

IV- Seminars conducted on 30<sup>th</sup> Aug for:

a) Mathematics Teachers teaching Classes I-VII, conducted by Encyclopaedia Britannica Pvt. Ltd. Resource person was Mrs. Rajlaxmi Jairaman.

b) students of Classes XI & XII Com. by SEBI (Security Exchange Board of India)

V- Seminar held for English subject teachers, at Devashish Hotel, Ntl. Rd. Haldwani on 6<sup>th</sup> Sept. by Srijan Publishers Pvt. Ltd. New Delhi on 'Teaching Skills, 21<sup>st</sup> Century students and teachers and Classroom Management'.

VI- Elevate Publications organized a 'Teacher Empowerment Workshop' at Blue Sapphire Clarks Inn, Rampur Rd. Hald. on 20<sup>th</sup> December. The theme was 'CCE Implementation Projects for ASC/OTBA and PSA'.





### 18. Picnics and Excursions:

With a motive to get acquainted with some of the most beautiful sights and destinations of the country, the students of Classes XI-XII, accompanied by the principal Rev. Sr. Josy and some teachers left for a seven-day tour to Chandigarh and Manali (Shimla) on 7<sup>th</sup> October.

### 19. Non-Curricular Examinations:

I- 10<sup>th</sup> Dec- English Olympiad held in School

II- 11<sup>th</sup> Dec.- I.G.S.C. Scholarship Examination conducted in School

III- 18<sup>th</sup> Dec. Maths Olympiad conducted in School

IV- 23<sup>rd</sup> Aug.- G.K. Competition 'Bharat Ko Jano' held in School for Classes VI-XII, conducted by 'Bharat Vikas Parishad'

### 20. Nirmala Shines:

The school provides ample of opportunities to the students to participate and hone their talents and skills in various local, inter-school, state and national level competitions. The following is an account of that-

I- Abhishek Mishra of Class IX A secured III position winning Bronze Medal in District Karate-Do- Championship (14-17) yrs, held in Haldwani on 4<sup>th</sup> May, 2014.

II- Kiran Dhapola of Class XI A, through her outstanding performance in Swimming Championship 2014, conducted by C.B.S.E. got selected for the National Level.

III- 15<sup>th</sup> Nov. 2014- The Nirmalites stood First in the 'Semi-classical Dance Competition' held in St. Theresa Sr. Sec. School competing with the various schools of the Bareilly Diocese.

IV- 16<sup>th</sup> Feb. 2015- Nirmala school grabbed First Positions in the Theme-based Inter School Dance Competition' under two categories (Semi-classical and Folk) held in Beersheba Sr. Sec. School, Haldwani.

V- The Principal and seventeen teachers teaching XI-XII awarded 'Letter of Appreciation' by Hon. Minister Human Resource Smt. Smriti Irani for their devoted, sincere and selfless services in the School.

### 21. Showing concern for the country, the students and the teachers of Nirmala Convent participated enthusiastically in:

I- 'Clean India Green India Campaign' held in school on the Gandhi-Shashtri Jayanti, 2<sup>nd</sup> of Oct.

II- the 'Swami Vivekanand Jayanti Celebration' held at M.B.P.G. Degree College, Hld. and sang 'Vandemataram' with the 32 schools that had come from various parts of the city.

### 22. Various Championships during the session 2014-15: A Report

Based on various House, Literary and Overall Championships held throughout the session, Teresa House emerged as the ultimate Champion with Priyadarshini, Raman and Pataudi Houses securing 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> positions respectively. The Principal Rev. Sr. Josy presented the Trophies and Shields to the House Leaders and appreciated and blessed the efforts of all the students and the teachers.





# Annual Day Function 2014

Annual Day Function 2014 at Nirmala Convent Sr. Sec. School, Kathgodam, held on 5<sup>th</sup> of December under the theme 'Expressions 2014' was an exclusive display of talent and team effort and the day saw a huge mass of audience all stuck to their seats spell bound by the impeccable performances of the Nirmalites.

The programme started with the ceremonial Floral Welcome and 'Lighting of the Lamp' by the honourable chief guest District Magistrate Mr. Deepak Rawat, guests of honour SDM Mr. Harveer Singh, Rev. Bishop Anthony Fernandis, Mayor Mr. Joginder Singh Rautela and the Principal Rev. Sr. Josy Thomas. All the guests were given a warm welcome by the school thereafter and then the meritorious students of classes X and XII 2013-14 were honoured and blessed by the District Magistrate and the guest of honour Rev. Bishop.



The variety of programmes included songs played by the Orchestra; Panchbhootam, the five elements; 'Incredible India' showing glimpses of our great country; 'Riturang', portraying seasons; the skit 'Mother's Day' beautifully highlighting the significance of a Mother in a family; 'Exotic East', a presentation showcasing the culture of North-East-India; 'Rangeelo Kumaon' staging Bagwaal, a great depiction of the age old tradition and culture of the state of Uttarakhand; 'Fiesta', the unique carnival of happiness and lastly; the Melodrama 'Jesus, the Light of the World' enlightening every mind, body and soul with the divine bliss of God.

The chief guest and the other dignitaries, through their speeches, shared their lessons of life with the audience.

In her 'Vote of thanks', the Principal Rev. Sister Josy thanked the guests and appreciated, congratulated and blessed the teachers and the students for their wonderful achievements.

All in all, 'Expressions 2014' proved out to be a plethora of great success and accomplishment.



# Expressions 2014

EXPRESSIONS 2014

NIRMALA CONVENT SR. SEC. SCHOOL, KATHGODAM  
EXPRESSIONS 2014

NIRMALA CONVENT  
EXP







## ***Failures are the Stepping stones to Success***

Success is not a destiny but is a long journey where one comes across many obstacles in the form of failures, which are, in fact, our best teachers, and are the mirrors which show us our real face.

Failure should not be allowed to create frustration or disappointment, instead, it should be taken as a boon to give you strength to fight back with fierce fortitude & invincible zeal.

Blessed are those who once failed, is a saying worth to follow. Mere talking idle, day dreaming or aimless drifting will not take you to your goal but will only divert your attention & dissipate your energy and strength.

Take failures as path indicators and work with utmost sincerity and concern. One needs to compromise with ones pleasures to achieve something in life. Our greatest glory is not in never falling but in rising every time we fall. We must face every adverse circumstance as its master, never letting it master us. And for this to happen, we must consider failures as, the stepping stones to success!

**Udita Patni (XI-B)**

## **INDUSTRY IS THE MOTHER OF PROSPERITY**

Industry is the quality of working hard. The proverb tells us that the key to success, especially financial, is industriousness or hard work. A farmer has to toil under extreme conditions in his field. Then only can he hope to harvest a bumper crop. Labourers in a factory have to work efficiently in order to manufacture the goods which when sold will reap benefits for all. All prosperous nations have come up by the unfailing and dedicated efforts of their people. There is, indeed, no substitute for hard work, no short cut to prosperity. It can come only through industry. In this sense, then, industry is, indeed, the mother of prosperity.

Everyone would naturally want to lead a happy and prosperous life. Sitting at home doing nothing cannot make this happen. There is a Sanskrit verse which says that animals do not enter the mouth of a sleeping lion on their own. The lion has to be up and doing. Otherwise it faces acute starvation, and finally death. Good things in life will not fall into our laps, just as money does not grow on trees. The fruit of success has to be paid for by the sweat of the brow.

The habitually slothful person will blame fate and God and other people for his plight. But the truth is that he is guilty of indolence. Even the richest man has to keep on working to maintain his riches. So must everyone who is desirous of becoming prosperous.

Life is short and time is fleeting. We have to make fullest use of every available moment. Each day should find us further than the previous day. Be it the Tatas, Birlas and Ambanis or the cricketers, actors and actresses, all toil day and night to earn what they had dreamt of.

So, nothing worthwhile in life can be attained without efforts. Everything comes from sustained hard work. Longfellow encapsulates this idea beautifully in the following lines-

**"The heights by great men reached and kept  
Were not attained by sudden flight,  
But they, while their companions slept,  
Were toiling upward in the night."**

**Deepakshi Bora, VIII-D**



## Selecting the right word

Shakespeare's famous quote, 'Brevity is the soul of wit' is indeed earnestly applied with pithy conciseness by the present 'SMS Generation'. Not only while texting messages or chatting, but sometimes these newly found abbreviated forms become too difficult to decipher in general routine. For the ones who are not so techno-savvy, but also in both colloquial and written English, there is a constant pressure building taking place.

Consequently, not only does grammar suffer but even spellings are becoming atrocious. It is perhaps a bane of technology overuse.

While any dictionary or Thesaurus is an essential tool for writers or speakers, too much emphasis on ornamented language adversely affects the readers and audience for that matter. Sometimes the most familiar words are the best choice. The point is to get the message across eloquently without being too metaphorical or pretentious a skill you learn through constant practice...

Asmi Bhardwaj, IX-A

### Education

Education! Education!  
A very big imagination  
English teaches us tenses  
Biology talks about Senses  
Sports is all adventure and action  
Chemistry is reactants and reaction  
The student tries his best  
To meet the life's test  
With confidence and dedication  
That's what exactly we call Education



Prachi Negi, IX B

### I have a Dream

I dream to be a teacher;  
To educate a child and educate the nation.  
I dream to be a doctor;  
To make my country fit and healthy.  
I dream to be an engineer;  
To design the future of my nation.  
I dream to be the PM;  
To make my country, tomorrow's heaven  
I dream to be a patriot;  
To live for my nation and die for it.  
I pray to God to bless my nation and  
My mother earth.

Upasana Gahtori, VII-C

### Pollution

Pollution Pollution everywhere  
Smoke, Dust and Chemicals, So Beware!  
No clean air for the breath  
A sure sign for sickness and death  
Pollution has become a mighty scare  
Water too, it doesn't spare  
Clean hands are very rare  
Pits of rubbish everywhere

Divyashree Shah,  
VIA



### Our School

Our Nirmala Convent Senior Secondary School  
A temple of knowledge,  
With message of peace and love so cool  
It is famous far and wide,  
And is now India's pride.  
Principal and teachers are kind and nice,  
Who always try to make it rise,  
Which spreads the message of peace and love,  
We feel glorified in the light of its fame,  
Throughout the world, May shine its name!

Navneet Singh Negi, VI-C



## My life My Way

I want my life in my way,  
And I'll lead it to a highway.  
I want it to shine,  
But with ideas all mine.  
I'll make it good or bad,  
With no interference of mom and dad.  
I'll feel its joys and sorrows,  
But without any borrows,  
I know it's difficult,  
But I'll do some miracles  
I'll make it easy,  
And in my ways & my choices, will clear  
obstacles.

Chitrakshi Arya, IX-D

## Life is a mystery

Life is a mystery  
With all the events of History,  
Life is the way  
To be happy and gay,  
Life gives you what you need  
A family, a teacher, a friend indeed,  
Life makes you a successful person  
So that you can live without tension  
Live the life that you love  
Love the life that you live,  
Do the things that you think  
Education is the right path  
Keep in your mind  
The guilt you have committed  
Always remind!!  
Always remind!!

Priya Patni, IX-C

## Words of Wisdom

Smooth roads never make a good driver,  
Problem free life never makes a strong person  
So never ask life "Why Me"?  
Instead challenge it & say  
"Try Me"...

Sidharth Srivastava, VIII-B

## Who says God does not love us?

Morning is so beautiful to see,  
The Mountains, the Sun, all seem kind to me,  
Even at night, when the stars I see,  
I think it's all because of 'HE'

When the birds chirp on the walls, do you hear?  
They are as melodious as the music is dear.  
I feel I am on top of the world, without any fear,  
It's actually a feeling because God is near.

Our world is a Heaven of rivers, capes, trees and  
flowers with sweet smell,  
Let's thank God for the beautiful nature and for  
loving us so well.

Aashita Vijan, V-C

## Butterfly

Hello! Butterfly!  
Tell my why  
All insects cry  
Seeing your wings exclaiming  
What a beautiful fly!  
Thinking that  
Why don't we have all this,  
But when they see you shy  
Every time they cry.  
Butterfly! Butterfly!  
Tell me,  
Who gave you these colours?  
He must be a Colour setter.  
Butterfly! Butterfly!  
Fly up in the sky  
Far & near  
Up & down  
Fly & fly  
Up in the sky  
Be safe & fly  
Up in the sky  
Butterfly! Butterfly!



Ayush Agrawal VI-C



## Help

"Now-a-days it's too cold",  
This, to me he told.  
"Weather is changing  
But my situation is the same withal  
No money, No clothes  
And of course with no house at all,"  
said a poor person  
But why did he say this to me?  
May be, he is asking for some help.  
It is my duty, I think  
I know not why, I know not how,  
But I will help him.

Arvind Kumar, XI-A

## For A Happy Life

Believe in yourself  
But don't be overconfident  
Be satisfied  
But know that you can always improve  
Accept love graciously  
And always be ready to give more  
Be modest in victory and success  
And courageous in defeat  
Give comfort and security to others  
And you will always receive  
It in return  
Be good... just for being  
The wonderful person you are  
Saumya Kabdal, VII-D

## Be That Person

Open your eyes and you see  
The incredible glory of the universe,  
Open your heart and be astonished  
For being a magnificent person that you truly are.  
Open the gates of your soul  
To finally understand what it is all about.  
Be your own man, Be your own woman  
Be that real person, Who is waiting within you.

Shipravee Bhatt,  
VIII-A

## My School

Nirmala Convent is the name of my school  
Here the students are always dashing and cool,  
Our school teachers, know what is right,  
They teach us how not to fight.  
Teachers in school are delightful,  
And students under them are always rightful,  
The way of teaching is awesome,  
And they want the children always to blossom.  
The Principal Rev. Sir. Josy always gives a good advice  
With a motive to make students further nice.  
There is a big playground to play,  
That makes every child's day.  
The school campus looks bright and beautiful,  
And, children playing there, look wonderful.

Not a single face is sad,  
whether the day goes good or bad  
As it is a place where a student's heart sings,  
And learns to fly higher with his wings.

Udita Bhatt, VII-D

## Thank You Lord

O GOD!

Thank you for every smile of mine  
Thank you for all the holy sunshine  
Thank you for each blessed day  
Thank you a million times I wanna say.  
Thank you for fulfilling my every wish  
Thank you for handling me when I expressed pish  
Thank you for every tear  
Thank you for all the complaints which you hear.  
Thank you for making me a person of your choice  
Thank you for letting me hear to that inner voice  
Thank you for that helping hand right onwards my birth  
Thank you for the beautiful mother earth.

Thank you for everything which I may not mention  
Thank you for taking away all my tension  
Thank you for such great world, family and friends  
Thank you for adding in me all mends.  
Thank you for saving me  
From all the evil things which I couldn't see  
Thank you for letting me live free  
With huge love and glee.

Thank You! Thank You! Thank You!  
O GOD!.....

Preeti Jaswal  
XII-Com.



# Mother

A mother is the mildest of the mild,  
And always stands close to her child  
She is caring, she is dutiful,  
Above all she is sacred and ah! So beautiful  
She's the child's first teacher,  
A friend, and also a preacher  
She keeps the child under her wings,  
Always loving, never expecting anything  
The child sees her when he opens his eyes,  
She tells him right and wrong makes him realize  
She nurtures him happily tolerating all the plights,  
Always wanting to see him scoring new heights  
If there is anyone next to God for me,  
It's my mother and will always be.  
This is my mother yes, she is my mother.

Akansha Karnatak, XI-A

## मेरा प्यारा स्कूल

सबसे अच्छा सबसे प्यारा,  
निर्मला कॉन्वेंट स्कूल हमारा।।  
विद्या के इस मन्दिर में  
बहती अमिट ज्ञान की धारा,  
शिक्षित कर जीवन बच्चों का  
इसने सदा सँवारा।।  
ज्ञान के जो दीप जलाते  
उचित मार्ग पर हमें चलाते,  
ऐसे गुरुजनों के चरणों में  
श्रुक्ता शीश हमारा।।  
सबसे अच्छा सबसे प्यारा,  
निर्मला कॉन्वेंट स्कूल हमारा।।



नवनीत बोरा, 6-अ

## विद्यार्थी और अनुशासन

विद्यार्थी शब्द का शाब्दिक अर्थ है विद्या का अर्जन करने वाला अर्थात् जो अपने अथक परिश्रम से विद्या को अर्जित करे वही विद्यार्थी है। विद्यार्थी के जीवन में अनुशासन का बहुत महत्व है। अनुशासन से तात्पर्य उस व्यवहार से है जिसे व्यक्ति किसी स्थिति में स्वयं अपने लिए लागू करता है और उसके कारण उसका व्यवहार सुंदर एवं शोभनीय बन जाता है। हमें कब, कहाँ किस प्रकार उठना-बैठना चाहिए, कितना बोलना चाहिए, कब क्या बोलना चाहिए, कब हँसना या मुस्कुराना चाहिए, किस प्रकार अपने से बड़ों का अभिवादन करना चाहिए — शिष्टाचार संबंधी ये सभी गुण अनुशासन के अंतर्गत ही आते हैं।

यदि विद्यार्थी अनुशासित नहीं है तो उसके जीवन में विद्या का भी कोई अर्थ नहीं है। प्राचीन काल से ही हमारे देश में गुरु-शिष्य परंपरा रही है। विद्यार्थी अनुशासित होने के साथ-साथ अन्य क्षेत्रों में भी निपुण थे। परंतु आज गुरु-शिष्य परंपरा समाप्त हो गई है। विद्यार्थियों में अनुशासन का नामोनिशान नहीं है। यदि कोई उन्हें अनुशासित करने का प्रयास मात्र भी करे तो वे उसे अपशब्द बोलकर या कोई अन्य तरीके का प्रयोग कर उसकी बात को नकार देते हैं।

इस परिस्थिति के लिए केवल विद्यालय को दोष देना सही नहीं है। यह सब समाज की कुरीतियों के कारण भी हो रहा है। इस परिस्थिति में अंतर लाने के लिए विद्यार्थियों को स्वयं ही सुधरना पड़ेगा। यदि एक विद्यार्थी भी सुधरे तो यह स्वाभाविक है कि अन्य विद्यार्थी उसके सानिध्य में सुधरेंगे।

विद्यार्थियों को अनुशासित रखने में उनके माता-पिता भी मुख्य भूमिका निभा सकते हैं। आज के वैज्ञानिक युग में परिस्थितियों में अनेक बदलाव आए हैं। माता-पिता द्वारा अपने बच्चों की हर उचित-अनुचित फरमाइश को पूरा करने की प्रवृत्ति भी बच्चों को अनुशासनहीन बनाने के लिए उत्तरदायी है।

इस प्रकार से विद्यार्थियों में अनुशासन हीनता बढ़ती ही जा रही है। यह सत्य है कि आज की युवा पीढ़ी ही कल का भविष्य है। यदि इसी में अनुशासनहीनता है तो वह दिन दूर नहीं जब हमारा देश अवनति के गर्त में होगा। अतः अनुशासन का विद्यार्थी जीवन में बहुत महत्व है। जिस प्रकार एक बीज से एक पौधे का फिर उसमें पल्लव और पुष्पों का निर्माण होता है, उसी प्रकार जिस विद्यार्थी में अनुशासन रूपी बीज होता है, वही चरित्रवान बनता है। आइये अपने जीवन को नये सिरे से परिभाषित करें। अनुशासित बनें।

मनीष मासीवाल,



## आखिरी रात

होटल-वालों में काम करते हैं जो  
दो वक्त की रोटी के लिए,  
कई प्रयत्न करने हैं मुझे  
इन गरीब बच्चों की शिक्षा के लिए।  
बस यह छोटा सा काम.....  
इस पुरुष-प्रधान समाज में  
नारी का मान बढ़ाना है।  
अनपढ़ अबला को शिक्षा का संबल देकर  
उसे उसका हक दिलवाना है।  
बस यह छोटा सा काम.....  
हिंदू-मुस्लिम हैं भाई-भाई  
लोगों को फिर से याद दिलाना है।  
हर भूखे को भोजन और  
प्यासे को पानी पिलाना है।  
बस यह.....  
करना है कुछ ऐसा काम  
याद रखे जिसे पीढ़ियों  
भारत के लिए जो कार्य बन जाए  
उसकी उन्नति की सीढ़ियों।  
छोटी-सी तो है यह जिंदगी  
फिर इन सब कामों के लिए उस आखिरी रात का इंतजार क्यों?  
अगर यही हो मेरी आखिरी रात  
तो सारे सपने रह जाएंगे मेरे ज्यों के त्यों।  
इन सब संकल्पों की पूर्णता के लिए  
निकल पड़ेगी मैं आज ही मित्र!  
क्या पता कल मंदिर में  
टंगा हो मेरा फूलों वाला चित्र।  
अब हर दिन मैं ऐसे जियूंगी  
जैसे अगले दिन हो मेरा अंतिम संस्कार।  
और हर रात ऐसे जैसे  
वही हो मेरी आखिरी रात।  
वरना उस दिन सोचूंगी-  
"कितना कुछ है करने को आज मेरे हाथ में।  
कैसे कर पाऊंगी मैं यह सब  
इस अकेली आखिरी रात में?"

पूर्वा पाठक, 11-ब

## बचपन

बचपन की यादों का, सुनहरा सा कोना,  
न खाने की सुध, न पढ़ाई का रोना,  
वो गलियों की मस्ती, वो खेलों में खोना,  
वो गुड़ियों की शादी, झगड़ों का होना।  
काश फिर कोई ऐसी सुबह आए,  
उन पलों को लौटा कर जाए,  
अंत में तो बस यादें रह जानी हैं,  
वो मस्ती भरी पलों की बातें रह जानी हैं।।

मोहित तिवारी, 8-स

## माँ एक एहसास

मेरी माँ प्यारी माँ,  
तेरे बिन सूना, ये सारा जहाँ।  
तू मेरा मान, तू मेरा अरमान,  
तूने दिया प्यार, तू मेरी पहचान।  
तू मेरा पेड़, तू मेरी छाया,  
तू मेरे पीछे चले, बनके एक साथ।  
तू देती बलिदान, अपनी खुशियों का,  
पल-पल ऋणी हूँ, तेरी खुशियों का।  
तूने लोरी सुनायी, तूने सपने दिखाये हैं,  
तूने चलना सिखाया, तूने ही रास्ते बनाये हैं।  
तूने सीने से लगाकर, हर दर्द को मिटाया है,  
तुझमें प्यार का सागर, तुझमें भगवान समाया है।  
मुझे गोद में सुलाकर, खुद गीले में सोती है,  
मेरी खुशियों के कारण, अपने दर्द पीती है।  
तू मेरे अस्तित्व की पहचान है,  
तू ही मेरा भगवान है  
तू मेरी नर्स व दोस्त, तू ही मेरी शिक्षक है,  
इस भयानक दुनिया में तू ही मेरी रक्षक है,  
कोख से बचपन, बचपन से जवानी, तू रही पथ प्रदर्शक है।  
तेरा दिया यह जीवन बड़ा ही रोचक व आकर्षक है।  
माँ की ममता की छाँव में, हर सुख पाया है,  
माँ शब्द की शक्ति ने, हर दुःख को मिटाया है।  
माँ एक शब्द नहीं, प्यार भरा एहसास है,  
जीवन भर तेरी सेवा करूँ, ये हर पल तेरा सम्मान है।  
तू मेरा सम्मान, तू ही मेरी पूजा है।  
माँ जैसा उपहार यहाँ पर, और नहीं कोई दूजा है।

हिमाद राज मिश्रा, 6-अ



## जन्मदिन

जिन्दगी का एक और वर्ष कम हो चला  
कुछ पुरानी यादें पीछे छोड़ चला  
कुछ ख्वाहिशें थीं, जो दिल में रह गईं  
कुछ ऐसी भी थीं, जो बिन माँगे मिल गईं  
बहुत लोगों का साथ छूटा  
कोई छोड़ के गया, तो कोई रुठ गया  
ऐसा नहीं कि कोई ना मिला  
कुछ साथ चले, कुछ नये, इस सुहाने सफर में,  
जुड़ते चले गए।  
कुछ मिलके बहुत खुश हुए तो कुछ खफा भी हुए  
कुछ मिलके भूल गए तो कुछ आज भी याद करते चले गए  
कुछ अन्जान हैं, कुछ परेशान हैं  
कुछ को मेरा इंतजार है  
कुछ का मुझे इंतजार है।  
वही तो विधि का विधान है  
रुकना चलना, मिलना रुटना  
जिन्दगी का एक वर्ष कम हो चला  
और हम आज उसे भी खुशी से मनाते चले गए।



सुरभि चौतेला, 11-अ

# Value Your teachers

A friend who grants a new meaning to your life; A philosopher who explains to you the whole concept of life; A guide who trains you for the journey of life; That is the role of a teacher in a student's life. A teacher is that ray of hope which pierces the darkness of ignorance; The cord that produces a lovely tune on the instrument of life; The mechanism which introduces you to the 'Real You'. Imagine how great and wonderful your teachers are! All they desire is your growth and success. They dedicate their lives in your service. All they want in return is to see you achieve everything in life. So, you should always value your teachers. You should never forget that they correct all the flaws of your personality. They help in correcting your vision of life. A new direction becomes visible to you when your teacher puts a nurturing hand on your head. Teachers put the tag of perfection in your life and therefore, Value your Teachers and Be Grateful to Them.

-Mansi Negi

VID

## The Creative Kids





## OBITUARY



**Late Shri Rajendra Kanyal**

(Called Home on 07.02.2015)

**Deeply missed and fondly remembered  
by  
the Nirmala Family**

Although grieved we are, yet won't complain  
We believe that your separation is only momental  
For the time we together spent on earth  
is so short in comparison  
To the time we'll spend  
In the Kingdom of Heaven

## यूँ छोड़ कर क्यों गये आप?

तुम जहाँ भी हो मैं विश्वास दिलाती हूँ  
कि तुम हमेशा हसोगे और प्यार करोगे  
तुम नृत्य करोगे और जीवन के गीत गाओगे  
तुम खेलोगे ही नहीं जीतोगे भी  
तुम हमेशा हमारे जीवन में रहोगे,  
क्योंकि अब हममें तुम्हारा जीवन जीवित रहेगा।  
हम तुम्हारी याद को हमेशा संजो कर रखेंगे  
हमारे प्यारे, सबके दुलारे,  
हमारा प्यार तुम तक स्वर्ग में पहुँचे  
जब तक हम फिर नहीं मिलते।  
अलविदा! अलविदा! अलविदा!

सृष्टि गुलाटी, 8-ब

## Down The Memory Lane



## The Wizards of Wisdom

2014-15





# Symphony

The Saga Continues



**NIRMALA CONVENT SR.SEC. SCHOOL**  
**KATHGODAM**